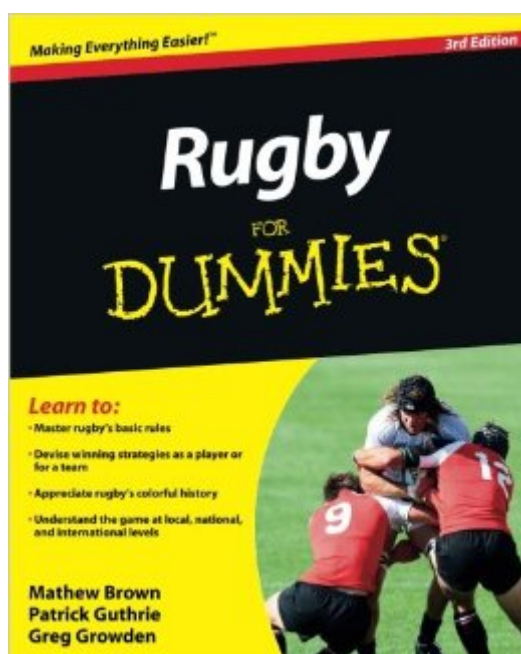


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# Rugby For Dummies



## Synopsis

The official guide to rugby in North America, revised and updated Rugby For Dummies is the guide to rugby in North America, endorsed by USA Rugby and Rugby Canada, the official regulating bodies for the sport. It gives you a look at how rugby is played, offers strategies for winning, and covers every level of the sport, from high school to college (including women's rugby) to the international leagues. Plus, this new edition addresses changes to the rules of rugby, includes new rugby player bios, and looks at rugby's upcoming return to the Olympic games. Inside you'll find easy-to-understand explanations of rugby rules and positions, plus in-depth lessons on skills, fitness training, and winning techniques. Add in entertaining stories from rugby in North America and around the world, and you've got the definitive book on rugby! Covers every level of the sport Includes the latest rules and information on rugby Discusses rugby's return to the Olympic games Whether you're new to rugby or a scrum veteran, this friendly guide is for you.

## Book Information

Paperback: 384 pages

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Product Dimensions: 7.4 x 0.8 x 9.3 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â Â See all reviewsÂ (58 customer reviews)

Best Sellers Rank: #35,356 in Books (See Top 100 in Books) #6 inÂ Books > Sports & Outdoors > Other Team Sports > Rugby

## Customer Reviews

"Rugby for Dummies" contains a lot of very valuable information on what is the greatest team sport on the planet. The authors are enthusiastic and knowledgeable, and it would be a hard man who didn't read through this book and not long to try playing. My complaint about "Rugby for Dummies" has to do not with the authors, but with the editing and layout. It is the same complaint I would make about many of the books in the "for Dummies" series. My view is that for this book to be the truly canonical intro to rugby, it needs better graphics (including colour photos), a reduced word total (less repetition), and clearer page layouts. As it happens, a competitor book, "Rugby Skills, Tactics, and Rules" has all of those things WIRED: great lay-out, concise, and a great collection of photos

(so you get a real sense of the game in action). To me, the Ultimate Intro to Rugby Book would combine the strengths of both of these books: some of the detail and personal touches of "Rugby for Dummies", with the straightforwardness and visual appeal of "Rugby Skills". More broadly, let me say to all those wishing to learn to play rugby, and who have never played before, that here's what you should do: 1.) Read through this book, and the "Rugby Skills, Tactics, and Rules" book I mentioned; 2.) Get Setanta Sports on your cable or satellite. It's an Irish station which broadcasts a lot of top-quality rugby matches from around the world. Many of them are on very late or early morning, so be prepared to Tivo them. Watch the games closely to get a feel for what's happening; 3.

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